

Parent Guide: First Day of Summer

Baggie Burst, Homemade Chalk, Chalk Obstacle Course

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Baggie Burst

Kick off summer with a bang...or a burst that is! This experiment will build with excitement before exploding (outside would probably be best)!

Supplies Needed:

- ziploc plastic baggie
- water
- vinegar
- baking soda
- paper towel
- food coloring (optional)

Join us on our Facebook page for instructions!

2

Homemade Chalk

Create your own chalk for use in one of summer's most imaginative activities!

Supplies Needed:

- toilet paper or paper towel tubes
- scissors
- duct tape
- wax paper
- small bucket or disposable container
- 3/4 cup warm water
- 1 1/2 cups plaster of paris
- 2 to 3 tablespoons tempera paint (optional)
- paper bag or tray

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Chalk Obstacle Course

Use the above homemade chalk to create an obstacle course on your sidewalk! Draw creative looking stations with movement instructions that include jumping jacks, skipping, balancing, hopping, and more!



(photo source: hprc.net)