

Parent Guide: Spacial Awareness, Shaving Cream Art, Balancing

1. Solar System Spacial Awareness
2. Shaving Cream Planet Art
3. Balancing Through Space

1

Solar System Spacial Awareness

It's hard to grasp the size of our solar system, but using a couple simple items talk to your kids about the sizes of planets and the distance between them...a walk and/or a car-ride will be in order. Don't worry, we won't send you to the moon (just around the corner and down a ways)!

Supplies Needed:

- paper to create a small circle
- a nickel
- a dime
- a 12 x 12 piece of paper

Join us on our Facebook page for instructions!

2

Shaving Cream Planet Art

A fun sensory activity - this messy, aromatic, swirly project will be a hit for sure!

Supplies Needed:

- large, black construction paper
- white paper (heavier works best)
- paint or food dye in several colors
- gold glitter glue (optional)
- sponge brush or paint brush (optional)
- shaving cream
- a container or plate
- rubber spatula
- toothpicks
- squeegee or popsicle stick
- glue stick

Join us on our Facebook page for instructions!

3

Balancing Through Space

Have your kiddos use paint, markers, or crayons to decorate paper plates that simulate planets. Place the plates on the floor or ground in random order. If inside, use masking or painters tape to create lines to, from, and around each "planet". If outside, use chalk to draw lines. Instruct your little "astronauts" to balance through space by walking the lines. Then switch it up by having them pretend there is not gravity, skipping, walking backwards, crab walking, etc...