

Parent Guide: Cars, Trucks, and Heavy Vehicles

Rubber Band Car, Vehicle Tire Tracks Print, Red Light-Green Light

1

Rubber Band Car (source: PBS Kids)

3-2-1 build! Make your own car and see how fast and far it goes!

Supplies Needed:

- 2 CDs (yes, compact discs are still around)
- 5.5 inch square piece of corrugated cardboard
- 2 faucet washers
- poster putty
- rubber bands of different lengths and widths
- ruler
- scissors
- tape (masking or duct)
- 1 wooden skewer (thinnest available)

Join us on our Facebook page for instructions!

2

Vehicle Tire Tracks Print

A fun painting experience complete with all the car, truck, and vehicle sounds a kid can make!

Supplies Needed:

- paper
- washable paint
- cars, trucks, and other vehicles (that you don't mind getting messy)

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3

Red Light-Green Light

Use construction paper to make a pretend stoplight (one green and one red). Name one person at the "stoplight" and everyone else lines up on the other side of the room or outdoor space. When the "stoplight" holds up and calls out green, everyone rushes toward the stoplight. When the "stoplight" holds up and calls out red everyone must abruptly stop. First one to the stoplight wins! Make things even more interesting by giving an alternate action with the green light (ex: green light, crab walk).