

# Parent Guide: Gardening and Flowering Plants

## Keeping Flowers Fresh, Cardboard Tube Flower Print, Flower Hop

# 1

### Keeping Flowers Fresh

The science behind the wilt vs keeping things "fresh as a daisy"!

#### Supplies Needed:

- 6 flowers
- 6 small flower containers or vases
- scissors
- sugar
- bleach (adult use)
- water
- measuring spoon
- sticky labels
- marker
- notebook
- pencil

Join us on our Facebook page for instructions!

# 2

### Cardboard Tube Flower Print

A colorful activity with lots of possibilities! Make several and send to friends and family for a cheery hello!

#### Supplies Needed:

- paper roll
- craft paint
- colored paper
- white paper
- circle punch
- green marker or pencil
- paint brush
- scissors

Join us on our Facebook page for instructions!

# 3

### Flower Hop

This gross motor, listening, and memory skill builder will be a breath of fresh air. Head outside and draw different colored flowers with chalk. Name a color and have your kiddo hop to that flower. To up the difficulty (a.k.a. tire-out factor) strategically draw your flowers so they can hop to multiple flowers of the same color or call out a pattern they should hop to (pink, blue, yellow, pink, pink).