

Parent Guide: Environment / Seeds and Plants

Plant A Seed, Paint A Plant, I'm a Little Seedling

1

Plant A Seed

There are several ways to start a plant, using seeds we'll show you how. You even get a chance to watch it all happen in your seed germination viewer!

Supplies Needed:

- printable lesson instructions from website
- small pot (or spot in the ground outside)
- ziplock bag
- soil
- paper towel
- water
- trowel

Join us on our Facebook page for instructions!

2

Paint A Plant

Can you capture the beauty and progression of your growing plants?

Supplies Needed:

- paper
- paint, crayons, markers, colored pencils. craft decorations, etc...

Join us on our Facebook page for instructions!

3

I'm A Little Seedling

Pretend you are a seed and act-out the stages of growth. Start out small and then grow tall to reach the sun. Get creative and make movements that illustrate how a seed might feel when the sun shines, when it rains, when it hails, or even when it snows!