Parent Guide: Environment/Seeds and Plants
Plant A Seed, Paint A Plant, I’m a Little Seedling

1. Plant A Seed
There are several ways to start a plant, using seeds we’ll show you how. You even get a chance to watch it all happen in your seed germination viewer!

Supplies Needed:
- printable lesson instructions from website
- small pot (or spot in the ground outside)
- ziplock bag
- soil
- paper towel
- water
- trowel

Join us on our Facebook page for instructions!

2. Paint A Plant
Can you capture the beauty and progression of your growing plants?

Supplies Needed:
- paper
- paint, crayons, markers, colored pencils, craft decorations, etc...

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3. I’m A Little Seedling
Pretend you are a seed and act-out the stages of growth. Start out small and then grow tall to reach the sun. Get creative and make movements that illustrate how a seed might feel when the sun shines, when it rains, when it hail, or even when it snows!